



**City of Frisco**  
**Over the Counter Drugs**  
**2018 Plan Year**

The following drug classes will be set up to allow for the \$5 over the counter coverage.

- I. Generic and brand proton pump inhibitors - whose main action is a pronounced and long-lasting reduction of gastric acid production. The following are examples of these over the counter drug options
  - lansoprazole (Prevacid)
  - omeprazole magnesium (Prilosec)
  - omeprazole and sodium bicarbonat (Zegerid)
  - esomeprazole magnesium (Nexium)
- II. Generic and brand H<sub>2</sub> Antagonists - also called H<sub>2</sub> blockers, are a class of medications that block the action of histamine at the histamine H<sub>2</sub> receptors of the parietal cells in the stomach. This decreases the production of stomach acid for treatment for GERD (Gastroesophageal reflux disease)
  - famotidine (Pepcid-AC)
  - cimetidine (Tagamet and Tagamet-HB)
  - ranitidine (Zantac and Zantac 75)
- III. Generic or brand non-sedating antihistamines - reduce or stop sneezing, runny noses, and itching, commonly used for allergies.
  - cetirizine (Zyrtec)
  - fexofenadine (Allegra)
  - levocetirizine (Xyzal)
  - loratadine (Alavert, Claritin)
  - cetirizine with pseudoephedrine (Zyrtec-D)
  - fexofenadine with pseudoephedrine (Allegra-D)
  - loratadine with pseudoephedrine (Claritin-D, Alavert-D)